



**ALS – ACTORS LAB STUDIO**  
**2024 Term 4 Classes**  
**+ Classes start 20 Oct & end 9 Dec**  
**+ 8 Session term**  
**+ Final Term of 2024!**

**WELCOME!**

Tēnā koe – welcome - to The Actors Lab Studio (ALS), Auckland's Boutique Screen Acting School.

ALS is where you can make friends, grow your technique, and meet future collaborators. We now offer **Foundational** and **Professional** courses, and a new **Diploma** program.

We still welcome drop-ins, but alongside this, we're building our Foundational course for those starting out in acting, and Professional courses for those with the requisite experience and motivation.

**THE FINE PRINT**

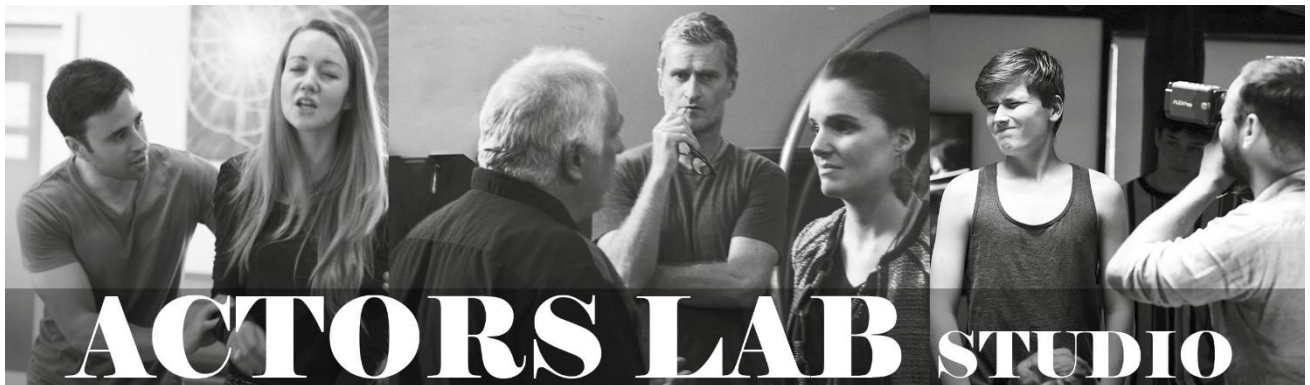
- Adult terms are 8 sessions; Teens are 4 sessions. We run 4 terms a year.
- Numbers are strictly limited to 12 per class.
- All actors (including Teens) are required to purchase a copy of Peter Feeney's Book, *'Acting and How to Survive it.'* These are handed out at the first session. You will receive your discount code when you enrol.

**LOCATION & PARKING...**

- All classes are at the Campbell Free Kindergarten in Victoria Park, Auckland Central.
- Parking is at the side of the building and the rear. If in doubt, ask your Assist.

**FEES and ENROLMENT**

- All Adult sessions are \$60 OR \$50 per session if paid two terms in advance (\$480 for one term or \$800 for two terms). Teen classes are \$225 for four sessions.
- Email Dani if you are unsure which course you should enrol in - [office@actorslab.co.nz](mailto:office@actorslab.co.nz)
- You must enrol and pay on our website – [www.actorslab.co.nz](http://www.actorslab.co.nz) – follow the link at the bottom of this page. Attendance is only confirmed with payment.



**[TO BOOK CLICK HERE](#) - [Current classes - Actors Lab](#)**

## **DATES, TIMES, COURSE CONTENT**

### **ADULTS – 8 Sessions**

#### **SUNDAYS – Professional Program - 20 Oct-15 Dec (Labour weekend off)**

*Our Professional Program prepares actors for a career in Acting. Drop-ins welcome.*

**5.30pm–9.00pm; 20 October, 3, 10, 17, 24 November, 1, 8 & 15 December**

#### **SUNDAY BLOCK 1**

**Peter Feeney** – 4 Sessions – **Camera Class**

**Lisa Chappell** - 3 Sessions – **Acting Technique**

**Harriett Maire** - 1 Session (8 December) – **Acting for Camera**

**SUNDAY BLOCK 2** – *to attend participants must have attended at least 1 term*

**Mark Mitchinson** - 3 Sessions – **Acting under pressure**

**Greta Gregory** – 1 Session (17 November) – **Audition Technique**

**Peter Feeney** - 4 Sessions – **Open Class**

#### **MONDAYS - Foundational Program – 21 Oct-16 Dec (Labour weekend off)**

*Our Foundational Acting Program gives actors the tools and practice they need to tailor make their own technique.*

**6.00pm to 9.30pm; 21 October, 4, 11, 18, 25 November, 2, 9, 16 December**

*One course on offer - Peter Feeney – 8 Sessions – Freeing the Actor*

### **TEENS – 4 Sessions**

**Sundays 2.00 – 5.00pm; 20 October, 3, 10, 17 November**

Open to teens 12-18. Any teen 16+ can apply to join our Adults' classes.

**Peter Feeney** – 3 sessions – **Camera work, Self-taping, the Business of Acting**  
(Agents, getting work, creating work)

**Harriett Maire** (Casting Director) – 1 session (17 November) – **Mock Audition**

TUTOR BIOS ARE ON OUR WEBSITE [HERE](#)

TUTORS MAY CHANGE WITHOUT NOTICE WITH NO REFUNDS GIVEN

## **Session Descriptions**

**MARK MITCHINSON – Acting (for Screen) under pressure** - Mark will work with students on 2 learnt scenes which actors will workshop, film and discuss over the three sessions. Included is: an exploration into an actor's performance, technique and mindset when acting under the pressure Film sets can demand. We will also investigate ways for the actor to relax, giving them the confidence to do their best work take after take.

**HARRIETT MAIRE - Acting for Camera** – Harriett (from Good Egg Casting) will work on your camera technique using a short scene.

**GRETA GREGORY - Audition** – Actor and casting director Greta Gregory will run a mock audition session, working with actors on short scenes.

**PETER FEENEY - Open Class - Participants must have attended at least 1 previous term at ALS** - Work on one long scene over the 4 sessions, exploring week by week with different techniques, physical & vocal exercises. We start with ensemble building warm-ups, exercises and scene reading, and end with an open class performance for friends and family. **Camera Class** - Work on 2 scenes – rehearse then record; in each rehearsal, apply techniques: Session 1, line & scene actions; Session 3, keywording, opposites, intention. **Freeing the Actor** – working with a monologue and short scenes, using mask, physical and vocal exercises, scene and line actions, this term we will focus on getting out of our heads and into our voice, body and feelings, pushing beyond your conception of what you can do, discovering how big you can go to end up finding your specific, subtle, acting sweet spot. A challenging and rewarding term.

**LISA CHAPPELL - Acting Technique** – working on 2-3 scenes over 3 Sessions learn the art of positive self-direction and brave choices with a fresh set of techniques and tools. Lisa's latest screen credits include Zombies 4 & Spartacus.